

# "Clinical Internship Program" Quito, ECUADOR

In our global and inter-connected world, the importance of learning from other cultures and professionals is of the utmost importance. Students and professionals alike are seeking opportunities to learn abroad and enrich their education with a cultural exchange. CEMOPLAF offers an enriching education program combined with Spanish classes. Our program functions in a transparent manner, offering quality education and opportunities for participants so that they are able to return home with new skills and knowledge to further benefit their careers.

We hope that the person participating in this program will in turn share their experiences with other participants and Ecuadorian professionals, exchanging ideas, structures, management, differences and organization. This unique program offers a special service-learning experience and provides an opportunity for those interested or already involved in helping people while at the same time providing an opportunity to gain valuable first-hand knowledge.

This incredible cultural experience, combined with second-language skills through Spanish classes and Ecuadorian family home-stays, will also leave participants with invaluable life skills that will stay with them forever.

## **General Objective**

The general objective of this program is to promote the internship experience for all participants. The aim is to educate.

#### **Specific Objectives**

- To provide an unforgettable cultural and learning experience for those interested or involved in medicine, public health, psychology, or other health care professions.
- Facilitate the learning of Spanish through formal classes and daily practice of the language.
- To practice and learn Spanish vocabulary and grammar.
- To generate a space in which the interested trainee can make decisions based upon past experiences and knowledge, and to develop relevant individual skill sets.
- To create an environment of exchange and conversation regarding health related topics.
- Place participants in home-stays in an Ecuadorian household.
- Promote exchanges between participants and local professionals.
- To teach skills in group dynamics.
- Perform searches for the information on the subjects to be taught.
- Collaborate in the development of the information to be taught.
- Logistical support.

## Clinical Program:

The participants will have the opportunity to learn the following medical specialties by working side by side with a Cemoplaf professional in our different locations:

Specialties you can choose from in the clinical program:

General Practice



- Pediatrics
- Prenatal Care
- Family Planning
- Gynecology
- Psychology
- Urology
- Alternative Medicine
- Respiratory Therapy
- Dermatology
- Traumatology
- Mastology
- Odontology

# Complemental Activities:

- Labs
- Ecography
- Densitometry
- X-Rays
- Colposcopy
- Mammography
- Cytology

# Surgeries:

- Vasectomy
- Ligatures

# <u> Target / Goal</u>

To give an unforgettable experience to the interested participants. This program will not solely be a different experience, but a true cultural exchange that will promote significant changes in the lifestyle and perspective of participants while developing the following skills:

- Communication techniques depending on the context and group with which they work.
- Knowledge of the different realities experienced by adolescents and young adults depending on their socio-economic status and sector in which they live.
- Learning from others, both as the intern shares his/her knowledge and hearing adolescent's experiences.
- Management of activities in a playful, funny and caring way that makes teens want to listen and learn.

## Start of the Program

The first day the students will go to CEMOPLAF and will receive Cultural Orientation training, Home-stay and Language class orientation, a written Spanish placement test, and registration.

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They will be introduced to the Education program by the Coordinator of CEMOPLAF and will receive schedules for the program and Spanish classes (we cannot make any substitutions or changes).

#### **Program Staff**

The staff consists of persons with certified university degrees and plenty of experience.

The program has been designed and administered by CEMOPLAF and will include the coordination, planning and monitoring of the team of educators.

#### Home-stay

Staying in an Ecuadorian household will allow you to gain insight into the Ecuadorian culture and the important role family plays in daily life. It is also a great opportunity to use your newly learned Spanish.

Participants are being welcomed into the home-stay as if you were a member of their family. This gives the students the opportunity to experience some of the cultural aspects of Ecuador, such as food and family life. We do our best to ensure that students are placed with a compatible family.

Two meals will be provided daily (breakfast and dinner) from Monday to Friday. Participants will be with the same family for the duration of the program. All the families have two or more students in the house. Generally, participants share the same interests, and enjoy having other participants around it helps to have a partner to travel with, not only to other places in Ecuador, but also in Quito. Usually, friendly, enthusiastic, and flexible students tend to create a friendly and positive atmosphere. If there are problems with the family, can be easily and quickly resolved students must discuss them immediately with a **CEMOPLAF** representative so that they can be addressed. We also provide airport pick up upon arrival to Ecuador.

#### **Program includes:**

- 1. Airport pick-up upon arrival.
- 2. Welcome orientation and an introduction to using public transportation.
- 3. Coordination of the Education program "Clinical Program"
- 4. 40 hours of Spanish classes and will be put together with other participants that are at your same level.
- 5. The first week consists of 7 hours of Spanish classes each day. 4 in morning and 3 in the afternoon.
- 6. Housing with an Ecuadorian family during duration of the program, two meals per day (breakfast-dinner) (Monday-Friday)
- 7. 24/7 in-country support.
- 8. This program runs for 4 weeks Monday through Friday. It can be longer or shorter, we can be tailored it to your needs. Please let us know how we can assist.

Contact us for more information and pricing.